MINUTES OF THE REGULAR MEETING OF THE SENIOR ADVISORY COMMISSION

August 27, 2007

COMMISSIONERS PRESENT: Anne Creighton, Patrick Driscoll, Frank Kadlecek, Foster Lopes,

Doris Modesitt, Edward Murphy, Alice Pivacek

STAFF PRESENT: Larry Wolfe, Director of Parks and Recreation

Katy Carter, Senior Center Director Marian Ecklund, Senior Center Nurse

GUESTS: Roger Millette, Joyce Brewer, Suzanne Wehde, Stephanie Onufer,

Kathy Allen, Noreen Silva, Helen Rezendes, Nancy H. Williams,

Jean Salmon, Rebeca Vargas

<u>MATTERS FOR COUNCIL ACTION</u> – A motion was made by Commissioner Foster Lopes, seconded by Commissioner Edward Murphy, recommending that City Council continues the previously approved "Guest Policy" for the Senior Center Fitness and Pool Facilities, which includes a \$10.00 daily fee for non-resident seniors who must be accompanied by a senior resident.

- I. CALL TO ORDER The meeting was called to order by Chair Doris Modesitt.
- II. <u>MINUTES OF THE June 25, 2007 MEETING</u> Approved as written.
- III. <u>CORRESPONDENCE/COMMUNICATION</u> The Commission received a letter from Mr. Robert Brown requesting computer equipment at the Senior Center.

IV. REPORTS -

- A. <u>Council on Aging</u> Commissioner Murphy reported that Michael Torres is the new C.O.A. staff member assigned to the C.O.A. Advisory Council. Elder Abuse was the main topic for the Advisory Council meeting.
- B. <u>Senior Center Needs/Expansion</u> Commission Pivacek reported that she continues to work with staff on future bridge classes and a Financial Education Workshop.
- C. <u>California Senior Legislature</u> Commissioner Lopes reported that the C.S.L. will meet October 15-17, 2007 with 70 proposals to be considered, the C.S.L. has a 60% effective rating on the proposals.
- D. <u>Nutrition</u> Commissioner Modesitt reported on the recent Revenue Mortgage Workshop. The nutrition program has 15 new members with a daily attendance budget of 60 seniors.
- E. <u>Senior Center Assessment</u> Commissioner Driscoll gave a review of the Senior Center Assessment Program and that Santa Clara University Professor Patti Simone has agreed to renew the Senior Assessment Survey on a regional level.
- F. <u>Health and Wellness/Case Management</u> Commissioner Creighton reported on a busy July and August for both programs. The trial use of a blood pressure machine has ended with the machine returned due to inconsistent readings. A new Case Manager is being recruited with the selection of Katy Carter as the new Senior Center Director.
- G. <u>Volunteer/Communication</u> Commissioner Kadlecek discussed the need to clarify Adult Education role in the Fitness Center and physicians review of fitness/pool use forms.

V. <u>SUMMARY OF COUNCIL ACTIONS</u> – The Commission reviewed City Council Actions pertaining to seniors.

VI. NEW BUSINESS

- A. <u>Upcoming Events</u> Katy Carter reported on the successful mercury thermometer collection day, the upcoming Senior Day Ice Cream Social, the geneology software update, and that the lapidary room is now open.
- B. Request to use personal trainer at the Senior Center Ms. Suzanne Wehde requested that the Commission change the policy of not permitting seniors to bring their personal trainer to the Senior Center or give her an exception to do so. Staff reported that private businesses, including personal trainers, are not allowed to use City facilities for their private business. The Commission discussed this request with a motion by Commissioner Foster Lopes, seconded by Commissioner Anne Creighton to note and file this request. Passed unanimously.

VII. OLD BUSINESS

A. Non Resident Fees and Charges (Fitness/Pools)

Staff reviewed the minimal use of the fitness/pools by non-residents since the Senior Center opened in February. Less than ten total non-residents per month paid the \$10.00 daily fee over the first six months of operation.

The Commission discussed recommending to City Council to keep the current policy due to the high use of the facilities by residents.

A motion was made by Commissioner Foster Lopes, seconded by Commissioner Edward Murphy, recommending that City Council continues the previously approved "Guest Policy" for the Senior Center Fitness and Pool Facilities, which includes a \$10.00 daily fee for non-resident seniors who must be accompanied by a senior resident. Passed unanimously.

VIII. <u>PUBLIC PRESENTATIONS</u> – Ms. Suzanne Wehde requested that the Commission change future schedules for the two week therapeutic swim lessons at the Senior Center to three days a week in order for seniors to be given two days a week for their use.

Ms. Vargas suggested the City purchase and operate City vans to transport seniors to the Senior Center.

IX. There being no further business, the meeting was adjourned. The next regular scheduled meeting is September 24, 2007 at 10:00 a.m. at the Senior Center.

Prepared by:				
1	LARRY WOLFE		ANNE CREIGHTON	
	Director of Parks and Recreation		Secretary	